

# Module *FAR* First Aid Refresh

First Aid Refresh  
FAR (4 h)



**Aim:** The aim of this BSTR First Aid Module is to refresh the participants prior experiences, knowledge, skills, and abilities to enable participants to recognise signs and symptoms of life threatening situations and administer safe and effective first aid in the wind turbine industry/WTG environment in order to save lives, preventing further illness or injury, until the casualty can be handed over to the next level of care in case of an incident in the wind turbine industry/WTG environment

## PROGRAM: FAR First Aid Refresh

1. Introduction to the training
2. Practical application of the primary survey
  - 2.1 Primary survey ("C" A - B - C)
  - 2.2 "C" – catastrophic external bleeding
  - 2.3 Unresponsive
  - 2.4 CPR – unresponsive, not breathing
  - 2.5 Calling for help
  - 2.6 Head-to-toe examination
3. Scenario-based training
  - 3.1 Practice first aid techniques
4. Training Review
  - 4.1 Training review
  - 4.2 Feedback session

## Module FAR (First Aid Refresh)

**Duration:** 4 hours (1/2 day)

**Program FAR:** Sections 1 to 4

**Certificate Validity:** 24 months

**Maximum students:** 12 people per Edition.

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