# **IRATA** LEVEL 3

Rope access for work at height







**Objective:** in this course you will learn how to supervise installations where work at height is performed. You will also learn advanced rescue techniques and new rope tying techniques, use of equipment and equipment limitations, under the supervision of an instructor.

#### **PROGRAM: IRATA LEVEL 3**

## Development of theoretical content:

- 1. Código de Buenas prácticas IRATA ICOP
- 2. Estructura de formación sistema IRATA TACS
- 3. Uso y regulación de EPI
- 4. Legislación nacional
- 5. Seguridad y prevención en alturas
- 6. Examen teórico (nivel 3)

# Development of **practical content**:

- 1. All level 1 and level 2 manoeuvres
- 2. Review of PPE equipment
- 3. Rescue of victims during an ascent
- 4. Rescue of victims when changing ropes
- 5. Rescue of victims in short division
- 6. Rescue of victims in diversion
- 7. Rescue of victims in structures
- 8. Lifting the victim with pulley system and auxiliary rope
- 9. Movements of loads, cross load system and zip lines
- 10. Use of hoists
- 11. Complex rope installations
- 12. Installation of ropes with separate anchors, triangulations
- 13. Installation of lifelines
- 14. Use of pulley systems to hoist a load
- 15. Proper choice in the use of rope protection

#### **IRATA COURSE LEVEL 3**

**Duration:** 35 hours (5 days) + 1 exam day

**Certificate Validity:** 3 years

Maximum students: 12 people per Ed.

**Prerequisites:** 

- · Previous requirements
- · Older than 18 years-old
- · Adequate physical fitness for activity
- · Have a valid IRATA level 2 card
- · Minimum 1 000 hours of experience worked and trained as an IRATA 2 technician in the IRATA hour book
- · Minimum 1 year of experience as IRATA Technician level 2

## Successfully completed the course:

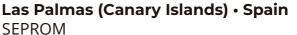
**IRATA Digital Certificate IRATA** card

IRATA log book

### **Headquarter:**

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