

# Module *SSR-P* Sea Survival Refresh Partial

Sea Survival Refresh Partial  
SSR-P (4.5 h)



**Aim:** The aim of this BSTR-P Sea survival partial refresher training course is to enable the participants to act safely and take the correct preventive actions in all aspects of offshore operations from shore to installation vessel or WTG and vice versa, both during normal operation and in an emergency in an offshore wind energy environment.

## PROGRAM: SSR-P Sea Survival Refresh Partial

1. Introduction to the training
2. Legislation
  - 2.1 Roles and responsibilities on site
  - 2.2 Global legislation
  - 2.3 National legislation
3. Exposure, cold shock, drowning and hypothermia
  - 3.1 Exposure
  - 3.2 Cold Shock
  - 3.3 Drowning
  - 3.4 Hypothermia
4. Life Saving Appliances and PPE
  - 4.1 Personal LSA and PPE
  - 4.2 Collective LSA
5. SAR and GMDSS
  - 5.1 SAR
  - 5.2 GMDSS and transponders
  - 5.3 Actions to enhance detection
6. Practical Sea Survival
  - 6.1 Correct donning and use of LSA and PPE
  - 6.2 Risks related to evacuation and release into water
  - 6.3 Correct usage of life raft
  - 6.4 Helicopter rescue from water
  - 6.5 Sea survival methods
7. Safe transfer
  - 7.1 Transfer vessels
  - 7.2 Safety introduction onboard transfer vessel
  - 7.3 Hazards related to different types of transfers
  - 7.4 Transfer between dock and vessel
  - 7.5 Safe transfer between vessel and WTG
  - 7.6 Transfer from vessel to vessel
  - 7.7 Safe handling of equipment and storage
  - 7.8 MOB procedures and equipment
  - 7.9 Pre-use inspection of PPE
8. Installations, vessels and WTGS
  - 8.1 Safety on board
  - 8.2 Contingency plans
9. Training review
  - 9.1 Training review
  - 9.2 Feedback session

### Module SSR-P (Sea Survival Refresh Partial)

**Duration:** 4.5 hours (1 day)

**Program SSR:** Sections 1 to 9

**Certificate Validity:**  
Existing expiry date + 6 months

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