

# Module

aTA2

aeléc

## Working at Heights 2

aeléc Trabajo en Alturas 2  
aTA2 (8h)



aeléc

**Aim:** To train workers who carry out work at height in electrical installations, integrating fall risk control with the specific characteristics of the electrical environment. The course reinforces the correct use of fall arrest systems, safe working procedures, and coordinated action in emergency situations.

### PROGRAM: aeléc Working at Heights 2

1. Access and progression on supports and structures
  - 1.1 Working at height on supports, poles, and electrical towers
  - 1.2 Prior verification of supports and structures
  - 1.3 Collective and individual protective equipment specific to the electrical sector
  - 1.4 Wooden supports and structures
  - 1.5 Concrete supports and structures
  - 1.6 Metal supports and structures: lattice towers and tubular towers
2. Positioning and suspended work on supports and structures
  - 2.1 Wooden supports and structures
  - 2.2 Concrete supports and structures
  - 2.3 Metal supports and structures: lattice towers and tubular towers
3. Evacuation and rescue
  - 3.1 Knowledge of evacuation and rescue equipment: manual and automatic descenders, rescue and evacuation kits
  - 3.2 Evacuation techniques
  - 3.3 Rescue techniques
4. Practical exercises
  - 4.1 Ascent and descent techniques and progression on wooden, concrete, and metal electrical poles and supports
  - 4.2 Positioning techniques and suspended work on supports and electrical poles
  - 4.3 Evacuation techniques: using automatic and manual descenders on wooden, concrete, and metal supports and structures
  - 4.4 Rescue of persons suspended from their fall arrest systems on wooden, concrete, and metal supports and structures

### aTA2 Module aeléc Working at Heights 2

**Duration:** 8 hours (1 day)

**aTA2 program:** Sections 1 to 4

**Maximum students:** 12 people per Edition

### Certificate validity:

3 years

### Headquarter:

**Vallecas (Madrid) • Spain**

Phone.: +34 664 681 385 • madrid@totalhse.com

### Other centers in Spain:

**Andosilla (Navarra) • Spain**

Phone: +34 664 681 385 • navarra@totalhse.com

**Las Palmas (Canary Islands) • Spain**

SEPROM

Phone: +34 902 008 482 • canarias@totalhse.com

**Redondela (Galicia) • Spain**

Verticalia Formación

Phone: +34 986 401 472 • galicia@totalhse.com

### Other centers:

**San José • Costa Rica**

Desarrollos Floruma

Phone: +506 2282-7468 • sanjose@totalhse.com

**San Bernardo, Región Metropolitana • Chile**

TTR Chile

Phone: +56 9 4228 1266 • chile@totalhse.com

[www.totalhse.com](http://www.totalhse.com)

