

Module

aREC1

aelēc

Electrical Risk C1

aelēc Riesgo Eléctrico C1
aREC1 (14h)



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Aim: To train workers who perform non-electrical activities in low and medium/high voltage installations to identify electrical hazards and take effective control measures. The course emphasizes the correct interpretation of protected areas, the application of the 5 Golden Rules, and safe behavior in higher voltage environments.

PROGRAM: aelēc Electrical Risk C1

1. General information on electrical risk
 - 1.1 General aspects of electrical installations
 - 1.2 R.D. 614/2001: Art. 4. Work techniques and procedures
 - 1.3 Types of electrical accidents
 - 1.4 Electrical installations
 - 1.5 General provisions for electrical work
2. Electrical work
 - 2.1 Specific provisions for electrical work
3. Work in potentially hazardous atmospheres.
 - 3.1 Classification of areas
 - 3.2 Detection, measurement, and control devices for hazardous atmospheres
 - 3.3 Protective measures against electrical hazards
4. Basic definitions
5. Classification of workers as "Authorized" or "Qualified" according to their electrical functions or skills
6. Electrical hazards according to RD 614/2001, causes
7. Effects of electric current on the human body
8. Low voltage (LV) electrical work
 - 8.1 Types of installations
 - 8.2 Main elements of installations and their identification
 - 8.3 Preventive measures against low voltage (LV) electrical hazards
9. Low voltage (LV) installations
10. Low voltage (LV) "grounding"
11. Five Golden Rules for low voltage (LV)
12. Standard PPE and CPE for low voltage (LV) work: when and how to use them
13. Most common risks in low voltage (LV) work and typical accidents
 - 13.1 Work on de-energized circuits
 - 13.2 De-energized work
 - 13.3 De-energization. Safety conditions for applying the five Golden Rules in a protected area
 - 13.4 Safety conditions for applying the five golden rules in a work area.
 - 13.5 Disclaimers
 - 13.6 Work in the proximity area.
 - 13.7. Measurements, tests, and verifications
 - 13.8 Maneuvers
 - 13.9 Work involving the possible presence of hazardous atmospheres
14. Practical sessions (4 hours) Practical exercises to be carried out
 - 14.1 Practical exercises on the operation and identification of safety measures and equipment
 - 14.2 Suppression and restoration of low voltage (LV)
 - 14.3 Measurements, tests, checks, and local maneuvers

- in low voltage (LV)
- 14.4 Preparation and execution of work in proximity to live low voltage (LV) elements
- 14.5 Establishment of a safe working area in a protection cell and in a low voltage (LV) panel
- 14.6 Actions to be taken

aREC1 Module aelēc Electrical Risk C1

Duration: 14 hours (2 days)

aREC1 program: Sections 1 to 14

Maximum students: 12 people per Edition

Certificate validity:

3 years

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