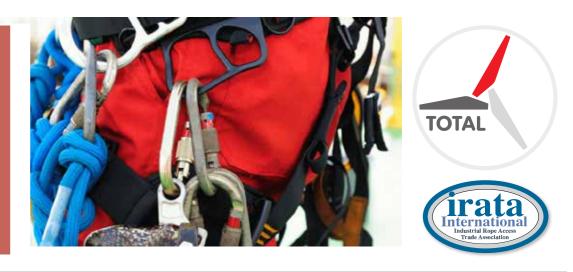


Rope access for work at height



Objective: in this course you will acquire the skills to tie working ropes, carry out rescues and perform work at height tasks supervised by an instructor. This course also includes legislation, mandatory safety regulations and equipment quality control processes.

PROGRAM: IRATA LEVEL 2

Development of **theoretical content:**

- 1. ICOP Code of Good Practices IRATA
- 2. TACS Structure training IRATA system
- 3. Regulations and use of PPE
- 4. National legislation
- 5. Safety and prevention at heights
- 6. Theory exam (level 2)

Development of practical content:

- 1. All Level 1 manoeuvres
- 2. Review of PPE equipment
- 3. Rescue of victim during ascent
- 4. Victim rescue when switching the ropes
- 5. Rescue of victim in short fractionation
- 6. Rescue victim in diversion
- 7. Rescue victim on structures
- 8. Lift the victim with pulley system and auxiliary rope
- 9. Handling of loads, system cross loads and zip lines
- 10. Use of hoists
- 11. Complex rope installations
- 12. Installation of ropes with separate anchors, triangulations
- 13. Installation of lifelines
- 14. Appropriate choice in the use of rope protection

IRATA COURSE LEVEL 2

Duration: 35 hours (5 days) + 1 exam day Certificate Validity: 3 years Maximum students: 12 people per Ed. Prerequisites:

- · Older than 18 years-old
- · Adequate physical fitness for the activity
- · Possess a valid IRATA level 1 card
- Minimum 1 000 hours of experience in the IRATA book of hours
- Minimum 1 year of experience as level 1
 Successfully completed the course: IRATA Digital Certificate
- IRATA card IRATA log book

0

Headquarter:

Vallecas (Madrid) • Spain
Phone.: +34 664 681 385 • madrid@totalhse.com
Other centers in Spain:

Andosilla (Navarra) • Spain

Total HSE Phone: +34 664 681 385 • navarra@totalhse.com

Las Palmas (Canary Islands) • Spain SEPROM

Phone: +34 902 008 482 • canarias@totalhse.com

Redondela (Galicia) • Spain Verticalia Formación Phone: +34 986 401 472 • galicia@totalhse.com

www.totalhse.com