

Module *EFA*

Enhanced First Aid

Enhanced First Aid
EFA (21 h)



Aim The aim of the module is to enable the participants to support and care for others working in the industry and to provide ongoing care to an ill or injured casualty over a short period of time while waiting for professional emergency rescue teams to arrive.

PROGRAMS: EFA Enhanced First Aid

1. Introduction to the training
2. Risks and hazards and legislation
 - 2.1 Risks and hazards
 - 2.2 First aid guidelines and emergency plans
3. Anatomy and Physiology
 - 3.1 Life conditions for the human body
 - 3.2 Structure, functions and signs - The human body
 - 3.3 Serious and minor injuries - Signs, symptoms, and function
4. Management of an incident (Emergency response) Medical teleconsultation
 - 4.1 Safety awareness and personal protection equipment in an emergency situation
 - 4.2 Management of an incident
 - 4.3 Emergency rescue teams, emergency calls and medical teleconsultation
5. Lifesaving and enhanced first aid using primary and secondary survey
 - 5.1 The "C" in the A-B-C-D-E principle
 - 5.2 Primary survey
 - 5.3 "C" Catastrophic bleeding
 - 5.4 A: Airway
 - 5.5 B: Breathing - Cardiopulmonary resuscitation (CPR)
 - 5.6 C: Circulation
 - 5.7 D: Disability
 - 5.8 E: Environment/Exposure
 - 5.9 Secondary survey
 - 5.10 Damage and poisoning through contact with chemical/biological substances
 - 5.11 Eye injuries
 - 5.12 Broken bones and injuries to joints/muscles
 - 5.13 Burns
 - 5.14 Bites and stings
 - 5.15 Significant injuries
 - 5.16 Significant illness
 - 5.17 Psychological First Aid
6. Pain management and further possible medication
 - 6.1 Application algorithm of pain management
 - 6.2 Further possible medication
7. Enhanced first aid exercises (scenario-based training)
 - 7.1 Practice first aid techniques
 - 7.2 Debriefing

8. Training review
 - 8.1 Training review
 - 8.2 Feedback session

Module EFA (Enhanced First Aid)

Duration EFA: 21 hours (3 days)

Program EFA: Sections 1 to 8

Certificate Validity: 24 months

Maximum students: 12 people per Edition

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