Module FAR **First Aid Refresh**

First Aid Refresh FAR (4 h)



Aim: The aim of this BSTR First Aid Module is to refresh the participants prior experiences, knowledge, skills, and abilities to enable participants to recognise signs and symptoms of life threating situations and administer safe and effective first aid in the wind turbine industry/WTG environment in order to save lives, preventing further illness or injury, until the casualty can be handed over to the next level of care in case of an incident in the wind turbine industry/WTG environment

PROGRAM: FAR First Aid Refresh

- 1. Introduction to the training
- 2. Practical application of the primary survey
- 2.1 Primary survey ("C" A B C)
- 2.2 "C" catastrophic external bleeding
- 2.3 Unresponsive
- 2.4 CPR unresponsive, not breathing
- 2.5 Calling for help
- 2.6 Head-to-toe examination
- 3. Scenario-based training
- 3.1 Practice first aid techniques
- 4. Training Review
- 4.1 Training review
- 4.2 Feedback session

Module FAR (First Aid Refresh)

Duration: 4 hours (1/2 day) Program FAR: Sections 1 to 4 Certificate Validity: 24 months Maximum students: 12 people per Edition.

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